



## Recommended Regional Events

### Olympic Distance Triathlons

California Tris	Pleasanton	Jun 25 <sup>th</sup>	Olympic/Sprint	<a href="http://www.usapevents.com">www.usapevents.com</a>
Pacific Crest	Bend, OR	Jun 25 <sup>th</sup>	Olympic	<a href="http://www.whyracingevents.com/event/927/">www.whyracingevents.com/event/927/</a>
Donner Lake Tri	Donner Lake	Jul 22 <sup>nd</sup> /23 <sup>rd</sup>	Olympic/Sprint	<a href="http://www.donnerlaketri.com">www.donnerlaketri.com</a>
Folsom Tris	Folsom	Aug 6 <sup>th</sup>	Olympic/Sprint	<a href="http://www.usapevents.com">www.usapevents.com</a>
Lake Tahoe Tri	Homewood	Aug 26 <sup>th</sup> /27 <sup>th</sup>	Olympic/Sprint	<a href="http://www.laketahoetri.com">www.laketahoetri.com</a>
Oakland Tris	Oakland	Aug 27 <sup>th</sup>	Olympic/Sprint	<a href="http://www.usapevents.com">www.usapevents.com</a>
TBF Races	Sacramento		Olympic/Sprint	<a href="http://www.tbfracing.com">www.tbfracing.com</a>

### Tri Club Championship Series

Desert Triathlon	La Quinta	Mar 4 <sup>th</sup> /5 <sup>th</sup>	Olympic/ Sprint	<a href="http://www.goodwellfitness.com/TCCSEvents">www.goodwellfitness.com/TCCSEvents</a> <a href="http://www.deserttriathlon.com">www.deserttriathlon.com</a>
HITS Napa Valley	Lake Berryessa	Apr 8 <sup>th</sup> /9 <sup>th</sup>	Olympic/ Sprint	<a href="http://www.hitstriathlonseries.com">www.hitstriathlonseries.com</a>
Auburn Tri	Auburn	May 21 <sup>st</sup>	Olympic/ Sprint	<a href="http://www.auburntriathlon.com">www.auburntriathlon.com</a>
Monte Rio Tri	Monte Rio	Jun 4 <sup>th</sup>	Olympic/Sprint	<a href="http://www.vineman.com">www.vineman.com</a>
Redondo Beach Tri	Redondo Beach	Jun 11 <sup>th</sup>	Sprint	<a href="http://www.rbtriathlon.com">www.rbtriathlon.com</a>
June Lake Tri	June Lake	Jul 8 <sup>th</sup>	Olympic/Sprint	<a href="http://www.highsierratri.org">www.highsierratri.org</a>
Carlsbad Tri	Carlsbad	Jul 9 <sup>th</sup>	Sprint	
Tri Santa Cruz	Santa Cruz	Aug 13 <sup>th</sup>	Olympic/Sprint	<a href="http://www.finishlineproduction.com">www.finishlineproduction.com</a>
Santa Barbara Tri	Santa Barbara	Aug 26 <sup>th</sup> /27 <sup>th</sup>	Long Course/Sprint	<a href="http://www.santabarbaratriathlon.com">www.santabarbaratriathlon.com</a>
Nautica Malibu Tri	Malibu	Sep 16 <sup>th</sup> /17 <sup>th</sup>	Olympic/Sprint	<a href="http://www.nauticamalibutri.com">www.nauticamalibutri.com</a>
Marin County Tri	San Rafael	Oct 28 <sup>th</sup> /29 <sup>th</sup>	Olympic/Sprint	<a href="http://www.marintriathlon.com">www.marintriathlon.com</a>
Morro Bay Tri	Morro Bay	Nov 5 <sup>th</sup>	Olympic/Sprint	<a href="http://www.morrobaytri.com">www.morrobaytri.com</a>

### Half Ironman Events

Bayshore 70.4	Long Beach, CA	Mar 4 <sup>th</sup>		<a href="http://www.bayshoretriathlon.com">www.bayshoretriathlon.com</a>
HITS Napa Valley	Lake Berryessa, CA	Apr 8 <sup>th</sup> /9 <sup>th</sup>		<a href="http://www.hitstriathlonseries.com">www.hitstriathlonseries.com</a>
Auburn Tri	Auburn, CA	May 21 <sup>st</sup>		<a href="http://www.auburntriathlon.com">www.auburntriathlon.com</a>
Pacific Crest	Bend, OR	Jun 24 <sup>th</sup>		<a href="http://www.whyracingevents.com/event/927/">www.whyracingevents.com/event/927/</a>
June Lake Tri	June Lake, CA	Jul 8 <sup>th</sup>		<a href="http://www.highsierratri.org">www.highsierratri.org</a>
Lake Tahoe Tri	Homewood, CA	Aug 26 <sup>th</sup> /27 <sup>th</sup>		<a href="http://www.laketahoetri.com">www.laketahoetri.com</a>
Best in the West	Sweet Home, OR	Sep 9 <sup>th</sup>		<a href="http://www.bestinthewesttriathlon.com">www.bestinthewesttriathlon.com</a>
Black Diamond	Enumclaw, WA	Sep 9 <sup>th</sup>		<a href="http://www.blackdiamondtri.com">www.blackdiamondtri.com</a>

### Ironman 70.3 Events

Oceanside	Oceanside, CA	Apr 1 <sup>st</sup>	Whistler	Whistler, BC	Jul 30 <sup>th</sup>
St. George	St. George, UT	May 6 <sup>th</sup>	Santa Cruz	Santa Cruz, CA	Sep 10 <sup>th</sup>
Santa Rosa	Santa Rosa, CA	May 13 <sup>th</sup>	Superfrog	San Diego, CA	Sep 24 <sup>th</sup>
Victoria	Victoria, BC	Jun 4 <sup>th</sup>	Tempe	Tempe, AZ	Oct 22 <sup>nd</sup>
Coeur d'Alene	Coeur d'Alene, ID	Jun 25 <sup>th</sup>			